



Black Belt = The Pursuit Of Excellence



The Path to Black Belt

Accept

Believe

Create

Begin

Continue

Modify



I Take Great Care Of Myself Because The World Needs Me At My Best



I Can Always Do More Than I Think I Can



I Know This Challenge Will Make Me Stronger



I Remain Calm.... Even In Challenging Situations



I Deflect Negative Energy



I Accept Positive Energy



My Word Is Law



I'm Running My Own Race



I Have So Much To Be Thankful For



I Make Others Feel Important When I Am In Their Presence



I Notice The Good Work Of Others



I Seek First To Understand And Then To Be Understood



I Choose My Battles Wisely



I Bring Value To All My Relationships



Who is a wise person?



Who is a brave person?



Who is an honored person?



Who is a mighty person?



Who is a rich person?



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