

**Committee** – New York City Society of Health System Pharmacists

**Topic** – Clinical Well Being and Resilience

**Sponsored** – Harshal Shukla and Toshiba Morgan-Joseph

Whereas, burnout is a syndrome characterized by a high degree of emotional exhaustion, high depersonalization (e.g., cynicism), and a low sense of personal accomplishment from work due to both internal and external factors<sup>1</sup>

Whereas, burnout in the healthcare has been associated with increased rates of medical errors, healthcare-associated infection, and patient mortality

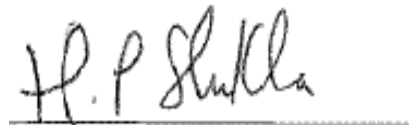
Whereas, a recent survey study determines burnout rates as high as 61.2% in clinical pharmacists largely associated with high emotional exhaustion<sup>2</sup>

Whereas, a recent evaluation of pharmacy residents showed high levels of perceived stress in those residents who worked more than 60 hours per week<sup>3</sup>

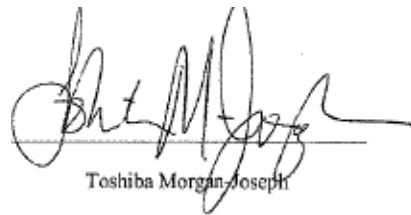
Whereas, ASHP joined the National Academy of Medicine (NAM) Action Collaborative on Clinician Well-Being and Resilience to assess and understand the underlying causes of clinician burnout and suicide and advance evidence-based solutions that reverse trends in clinician stress, burnout, and suicide<sup>4</sup>

**Resolved that,**

The New York State Council of Health System Pharmacists advocates for the recognition, treatment, and prevention of burnout. In addition, encourage more education on stress, burnout, and overall well-being.



Harshal Shukla



Toshiba Morgan-Joseph

**References:**

1. ASHP Policy Statement 1825 – Clinical Well-Being and Resilience
2. Jones GM, Roe NA, Loudon L, Tubbs CR. Factors Associated with Burnout Among US Hospital Clinical Pharmacy Practitioners: Results of a Nationwide Pilot Survey. *Hosp Pharm.* 2017;52(11):742-751.
3. Le HM, Young SD. Evaluation of stress experienced by pharmacy residents. *Am J Health Syst Pharm.* 2017;74(8):599-604.
4. Brigham T, Barden C, Legreid Dopp, A, Hengerer A. et al. A journey to Construct an all-encompassing conceptual model of factors affecting clinician well-being and resilience. National Academy of Medicine, 2018
5. Martin, C. Advancing Workforce Well-Being and Resilience to Build Long-Term Change. 2018