

Committee – New York City Society of Health System Pharmacists

Topic – Clinical Well Being and Resilience

Sponsored – Harshal Shukla and Toshiba Morgan-Joseph

Whereas, burnout is a syndrome characterized by a high degree of emotional exhaustion, high depersonalization (e.g., cynicism), and a low sense of personal accomplishment from work due to both internal and external factors¹

Whereas, burnout in the healthcare has been associated with increased rates of medical errors, healthcare-associated infection, and patient mortality

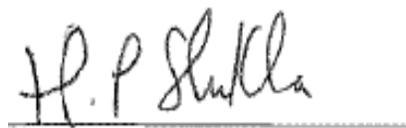
Whereas, a recent survey study determines burnout rates as high as 61.2% in clinical pharmacists largely associated with high emotional exhaustion²

Whereas, a recent evaluation of pharmacy residents showed high levels of perceived stress in those residents who worked more than 60 hours per week³

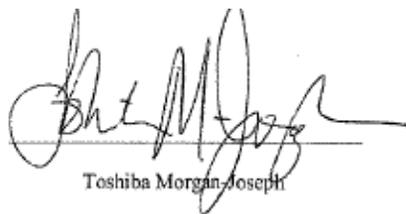
Whereas, ASHP joined the National Academy of Medicine (NAM) Action Collaborative on Clinician Well-Being and Resilience to assess and understand the underlying causes of clinician burnout and suicide and advance evidence-based solutions that reverse trends in clinician stress, burnout, and suicide⁴

Resolved that,

The New York State Council of Health System Pharmacists supports the development of programs intended at prevention, recognition, treatment of burnout, and to support pharmacists and technician's participation in these programs. In addition, encourage more education on stress, burnout, and overall well-being.



Harshal Shukla



Toshiba Morgan-Joseph

References:

1. ASHP Policy Statement 1825 – Clinical Well-Being and Resilience
2. Jones GM, Roe NA, Loudon L, Tubbs CR. Factors Associated with Burnout Among US Hospital Clinical Pharmacy Practitioners: Results of a Nationwide Pilot Survey. *Hosp Pharm.* 2017;52(11):742-751.
3. Le HM, Young SD. Evaluation of stress experienced by pharmacy residents. *Am J Health Syst Pharm.* 2017;74(8):599-604.
4. Brigham T, Barden C, Legreid Dopp, A, Hengerer A. et al. A journey to Construct an all-encompassing conceptual model of factors affecting clinician well-being and resilience. National Academy of Medicine, 2018
5. Martin, C. Advancing Workforce Well-Being and Resilience to Build Long-Term Change. 2018