

# Research Panel 2021 at St. John's University

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One of the most common questions pharmacy students ask throughout their professional journey is “How do I get involved with research?” As post-graduate opportunities become more competitive, students look for ways to distinguish themselves. One way to do so is through research, however many students feel intimidated by the process.

On March 25, 2021, Student Society of Health-System Pharmacy (SSHP) at St. John's University hosted its annual Research Panel. The panel consisted of four clinical pharmacy faculty members: Dr. Nicole Bradley, Dr. Gladys El-Chaar, Dr. Elsen Jacob, and Dr. Yuman (Yumi) Lee. The panel also included pharmaceuticals expert Dr. Nitesh Kunda, an Assistant Professor of Industrial Pharmacy/Pharmaceutics in the Department of Pharmaceutical Sciences and medicinal chemist Dr. Aaron Muth, an Assistant Professor of Pharmaceutical Sciences.

The event recruited over one hundred student participants, including U1 - P4 students, who were engaged throughout the event. Students learned about the Institutional Review Board (IRB) and the crucial role it plays in protecting human subjects who participate in research. The panel also discussed various research projects that students can conduct, including literature evaluations, medication use evaluations, and clinical research. Students expressed concerns about rejection when seeking out faculty mentors.

The faculty panelists shared that they look for dedicated and motivated individuals willing to work hard to see a project come to fruition. Students were surveyed after the event to assess their opinions and knowledge gained from the panel. When asked if students would recommend this event to their peers, 99.1% indicated that they would recommend this event.

Overall, the Research Panel is one of the most successful events of the year, as students seek guidance to begin their research journey. SSHP is proud to continue to host informative events for the student body, and cannot wait to continue this tradition during the next academic year.