

**October 2017**

Volume 4, Issue 7

## President's Message

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On October 12<sup>th</sup> and 13<sup>th</sup> the Board of Directors traveled from around the state and convened at the Council's office in Albany. Your officers and directors met to plan out the Board year with great consideration and discussion as to what value NYSCHP can continue to bring to all its members. On the afternoon of day 2, the Board of Directors were fortunate to have the Presidents of five Chapters (Northeastern, New York City, Royals, Southern Tier, and Western) participate in the meeting. Presidents Courtney, Deep, Charai, Bill and Brian shared invaluable feedback with the Board and helped to keep any silos from developing between the Council and its Chapters. I am grateful to the entire Board of Directors and Chapter Presidents for taking the time out of their busy, everyday schedules to help improve our organization for the benefit of our members and the patients and communities we serve.

Like many other aspects of our organization, the members of the Board agree that succession and development of our future leaders is important within the Council. While Past President Kim Zammit was recently appointed as Chair of the 2018 Annual Assembly Committee, she will also share her extensive experience and serve as mentor to a number of committee members. Dr. Zammit has agreed to lead the committee in planning another blockbuster spring event in Saratoga Springs and exploring the return to a one-day House of Delegates. Look out for acknowledgment of the Council's 60<sup>th</sup> anniversary year in 2018.

I am hoping that during Pharmacy Week, you received the gratitude and plaudits so well deserved by our profession. Your modesty in delivering high quality patient care day-in and day-out should not go unnoticed. Few people, if any, realize the many important roles that pharmacists fill within society. We never know when we will be called to action whether alone or as part of the health care team even during such tragedies as Hurricanes Harvey, Irma, and Maria, or the recent shooting in Las Vegas. While the solutions are complex and multi-faceted, our role is pivotal in the current opioid epidemic and we should help our respective communities any way we can.

Finally, the national DEA Drug Take Back Day is scheduled for Saturday, October 28, 2017 from 10:00 to 14:00. Please bring awareness and encourage your patients, friends and families to responsibly rid their homes of unwanted medications. You can check for drop-off sites in your geographic area through the DEA website: [www.dea.gov](http://www.dea.gov)

Sincerely,

*Christopher Jadoch*

President

## Celebrating Pharmacy Week



NYCSHP and Royal Counties pharmacists and students at the Today Show to help kicking off National Pharmacy Week



## Local Chapter Event Highlights



The Long Island Chapter (LISHP) held a Residency Networking Event on 10/12 at Rare 650. They had a total of nine residency programs in attendance, which included pharmacy residents, residency preceptors, and residency program directors.



## Communications Committee

In our very busy schedule, it is often hard to keep up and be in the know of all the latest news and events. Fortunately for us information is now more easily accessible and retrievable than ever, due to the advancement in technology and the invention of the smartphone. Long are the days of getting the new paper at the corner store to read the latest headlines, or waiting for the evening or morning news to know what is going on in the world. These types of information, almost like magic, are being “pushed” automatically to our mobile devices. This is the future of communication, and this is where we want to move towards.

This year, the Communications Committee is working diligently to leverage different social media outlets such as Twitter, Facebook, and LinkedIn to improve the delivery of information to our members. We will continue to share information through our website and our news briefs, but we understand the value of time and speed of information delivery. This is not an easy task, and the committee will seek assistance from our council and chapter leaders to help provide content and updates to our website and media accounts.

In addition to improving on our social media outlet presence, the Communications Committee will continue to work on enhancing our website to ensure that relevant and timely information are posted. We will work to make the website the “go-to” place to find important information pertaining to membership, chapter activities, and other pharmacy related issues such as drug shortage, formulary management, clinical information, advocacy, and legislative update, just to name a few. So stay tune, and remember to check out our website.

Lastly, the committee is also working on a very special video project this year. The council is looking to create a video that can be used to recruit new members, but most importantly, to advocate for our profession. During the most recent board meeting, the council touched upon the issue surrounding the public’s perception of the pharmacists’ role in health care. Majority of the public are familiar with the community pharmacist working behind the counter, dispensing medications, administering vaccines, and providing medication therapy management services. However, not many are familiar with the role of a health system pharmacist. Many more are unaware that pharmacists work in hospitals and ambulatory care clinics, working as part of the clinical team and collaborating with physicians and nursing to improve delivery of pharmaceutical care to patients in the hospital and outpatient clinics. As an organization, we want the public to know more about health system pharmacists through this video project. We encourage you, our members, to be the face and the voice of our profession. So what are you waiting for? Submit those videos!

Interested in submitting a video but don’t know where to start? Check out the next page.



## Calling all NYSCHP members!!!

Are you as excited about the New York State Council of Health-system Pharmacists as we (the NYSCHP Communications Committee members) are? Let us know why! Send us your iPhone or Android videos and tell us why you joined NYSCHP! What has NYSCHP done for you?

These videos will be used as a marketing tool to spark interest in NYSCHP among pharmacists, student pharmacists, and pharmacy technicians throughout New York State and to ultimately increase our membership and broaden your networking base!

In addition, the NYSCHP communications committee would like to create an educational video targeting the lay public.

Are your non-pharmacist friends/family/colleagues still confused about what you do as a health-system pharmacist? Help us educate them! Send us your iPhone or Android videos about the number 1 or 2 or 3 things the public should know about our profession! Tell everyone just how much the practice of pharmacy has changed over the years!

We look forward to hearing from you and seeing your videos.

### *Instructions for submission:*

- *Please take video using landscape mode.*
- *Make sure you are not wearing any items that have a logo*
- *Submit your videos to [office@nyschp.org](mailto:office@nyschp.org)*



## Tristate Health-System Summit

On September 29th the 5th Tristate Pharmacy Summit opened with 150 attendees, 37 vendors and representatives from the state Societies of Connecticut, New Jersey and New York State at the Doubletree Hotel in Tarrytown New York. The day-long session started with a welcoming speech by the president of the Connecticut Society of Health –system pharmacists, Stacy Vaeth, PharmD, MS. The keynote speaker, Ron Culberson, started his talk (Do It Well, Make it Fun) by declaring he was ‘de-laud-ed’ to be there which delighted the attendees. His humorous but very serious talk made the case that striving for excellence is the key to success in the workplace (and life) but that finding ways to make the process more fun for you and your workmates is an important part of that. He conveyed the idea that to communicate clearly, you need empathy and that humor helps to get your message across effectively. He reminded us that stress is often determined by how we perceive something and that we have the freedom to choose our attitude including finding the humorous side of things in any (even the most stressful) situation. According to Mr. Culberson, “Everything in life is a process. If you do every process well while making it more fun, I truly believe you will add life to your days.” He ended with an anecdote about going for a prostate exam where he was asked to face the wall and bend over. On the wall at eye level was a small post-it note with the writing “My view is worse than yours”.



**“I’m dilaudid to be here.” Ron Culberson, MSW, CSP, CPAE, was the keynote speaker for the Tri-State Health-System Pharmacy Summit 2017. He emphasized that the goal in pharmacy was excellence, not seriousness. He also stressed empathy: “the more we understand someone, the more we can communicate in the way they understand.”**

This set the morning stage for an excellent series of CE lectures on Antimicrobial stewardship including meeting the new regulatory requirements by Dr. Nikunj Vyas, the role of the ID pharmacist by Dr. Monica Mehta and the role of the staff pharmacist by Dr. Gilliam Kuzewski. The session was punctuated by a very nice lunch at the hotel, some time for informal networking with colleagues and friends and the exhibitor booths for discussion on various new products. In addition, a number of hospitals were able to showcase their residency programs and prospective post-graduates had a chance to talk to them about those programs.

After lunch, the CE program continued with pain management and a fascinating talk by Dr. Jeff Fudin about the opioid epidemic. Through CDC data and US Department of Health statistics and differentiating between prescription opioid use vs non-prescription opioids, Dr. Fudin explored some of the myths surrounding the

opioid epidemic. The myths included the perception that it is primarily an African-American problem (fact: whites account for the largest percentage of deaths from opioids); deaths from prescription opioids increased substantially in recent years (fact: it actually has stayed fairly steady since 2011 but heroin deaths have climbed exponentially during the same time); that prescription opioid use has increased substantially since 2000 (fact: it is down by 50%); that initiation of heroin use is highest among teenagers (fact: the highest number of new users is 26 year old and up). He described tools used to assess individuals for potential misuse and abuse. Dr. Fudin also warned that there is no general consensus on what constitutes a morphine equivalent daily dose (MEDD) conversion despite published calculators, including one frequently referenced on the CDC website.

In addition to Dr. Fudin, Dr. Mena Rouf spoke about novel naloxone programs and Dr. Steven Nerenberg spoke on strategies to limit prescribing of opioids: The ALTO (Alternatives to Opiates) Program as implemented at St. Joseph's Regional Medical Center.

The day ended with talks on credentialing and advancing staff knowledge and training. Dr. Mariel C. Pereda gave a pearl titled "Implementation of a Clinical Training Program for staff pharmacists" and Dr. Paul Goebal III discussed "Examples of Advancing Pharmacy Staff Education and Training".



**Monica Mehta, PharmD, BCPS** talked about the roles of an ID pharmacist. She states that practicing ID involves going beyond the guidelines to balance medicine as an algorithm and an art form. Her main role as an ID pharmacist is what she calls "antibiotic debate club." It involves convincing everyone to use PO antibiotics and narrow spectrum antibiotics, and educating health care practitioners.



**Nikunj Vyas, PharmD, BCPS** is an ID clinical pharmacist who introduced some of the challenges of an antimicrobial stewardship program.

It was a full day of learning and talking to colleagues in a relaxed setting. One lucky individual went home with an iPad mini after his exhibitor card (with more than 20 stickers indicating he had visited more than 20 vendors) was randomly selected from all other entries. Not bad for a day's work. I think we were all 'de-laud-ed' to have been there.

**Frank E. Palmieri PhD, RPh**  
Communication Committee, Member

# NYSCHP and Local Chapter Upcoming Events

## October 2017

- October 21<sup>st</sup>: NYSCHP Downstate Critical Care Program
- October 21<sup>st</sup>: NYCSHP New York Cares Day
- October 24<sup>th</sup>: NYSCHP Webinar: New Pharmacy Practice Opportunity: Enhancement of the Transitions of Care Process
- October 26<sup>th</sup>: New York City CE Program: Mind your DP's and DQ's: Pharmacotherapy of the solid organ transplant recipient
- October 28<sup>th</sup>: NYSCHP Upstate Critical Care Program
- October 28<sup>th</sup>: NYCSHP Breakneck Ridge Hike

## November 2017

- November 5<sup>th</sup>: NYCSHP NYC Marathon Medical Volunteering
- November 8<sup>th</sup>: Western NY CE Program: Vaccine-preventable disease outbreaks
- November 12<sup>th</sup>: NYCSHP Special Projects CE Programming (Sunday)
- November 13<sup>th</sup>: NYCSHP Student Interview Workshop, Touro College of Pharmacy
- November 14<sup>th</sup>: LISHP USP 800 Update
- November 14<sup>th</sup>: NYSCHP Webinar
- November 14<sup>th</sup>: NYCSHP CE Program
- November 16<sup>th</sup>: NYCSHP Grassroots Lobbying Dinner
- November 21<sup>st</sup>: Southern Tier CE Program
- November 30<sup>th</sup>: NYCSHP CE Program

## February 2018

- February 15<sup>th</sup>: Quad Meeting at Russo's on the Bay

## March 2018

- March 10<sup>th</sup>, 10am-2pm: NYCSHP Cycle for Survival







On behalf of the **New York State Council of Health-system Pharmacists**, we want to wish all pharmacists, pharmacy students, pharmacy interns, and pharmacy technicians a ...

*Happy National  
Pharmacy Week*

We thank you for your invaluable contribution to the profession, and your dedication in serving the public to help improve the lives of our patients. Let us celebrate our achievements, and look forward to our profession's continued success.



# Happy Pharmacy Week Trivia Game

Instructions: Answer the questions below and search for them in the word search puzzle below.

1. A medicine related term is Latin for "I shall please"
2. Drug name that was derived from Pregnant Mare Urine
3. Place where vancomycin was discovered
4. A drug derived from the saliva of Gila monster
5. A chemotherapy drug derived from periwinkle flower
6. A sulfone derivative invented that gave remarkable change in treatment of leprosy
7. A drug name derived from the phrase "Good morning"
8. A medication that helps increase hair growth while lowering ones blood pressure
9. An analgesic used in the setting of UTI, but watch out, it can turn one's urine to bright orange
10. Athletes better watch out, this group of medication is known to cause tendon rupture
11. Related to MAO, this antimicrobial should be avoided in patient taking SSRI due to risk of serotonin syndrome
12. Used to help boost HDL level, this medication is known to cause acanthosis nigrican

E	A	B	V	P	L	A	C	E	N	D	A	R	T	M	S
X	D	R	I	N	T	E	R	N	P	I	N	K	E	Y	I
T	D	A	N	R	X	M	A	P	O	T	H	E	C	A	M
R	E	N	C	C	N	I	N	Y	S	C	H	P	L	I	V
A	T	A	R	I	M	N	I	A	C	I	N	P	O	Y	A
C	K	A	I	T	M	O	H	B	I	C	B	G	S	F	S
X	I	D	S	O	R	X	P	N	A	A	O	A	E	L	S
T	C	A	T	P	E	I	R	A	P	T	R	M	R	U	T
I	K	P	I	H	S	D	E	R	Y	H	N	E	O	O	A
N	U	S	N	A	Z	I	M	Y	G	F	E	R	Q	R	T
C	P	O	E	R	P	L	A	C	E	B	O	S	U	O	I
T	R	N	X	M	A	L	R	Q	X	D	I	S	E	Q	M
U	X	E	A	A	M	O	I	U	E	N	E	Y	S	U	A
R	Y	E	S	C	P	N	N	I	N	B	E	L	T	I	W
E	D	R	U	Y	L	G	E	F	A	M	B	I	E	N	P
P	U	P	I	L	U	S	A	L	T	D	E	A	B	O	R
U	T	H	E	R	A	P	Y	O	I	M	O	P	M	L	X
L	L	I	N	E	Z	O	L	I	D	H	G	L	A	O	L
P	R	A	M	B	I	N	E	T	E	M	P	R	A	N	I
P	H	E	N	A	Z	O	P	Y	R	I	D	I	N	E	J