

February 2016

Volume 3, Issue 2

New York State Council Health-system Pharmacists



President's Message

Dear NYSCHP Members,

How boring was Super Bowl 50; the best part of the event was Lady Gaga's rendition of the Star Spangled Banner. However, it was interesting to watch one of the most prolific quarterbacks (Peyton Manning) in NFL history turn over the reins of the game to the defense of the Denver Broncos. Throughout his career Manning would put his teams on his back and use his football intelligence and arm to win games. Knowing that he is at the end of his career and this was his last legitimate chance to win the Super Bowl he swallowed his pride and did what was best for the team; a change that gave his team the best chance to win; a sign of a leader. You are probably asking yourself why is Joe writing about the Super Bowl, this is the NYSCHP's Newsletter, I want to read about pharmacy.

Well the reason I'm writing about Peyton Manning and the Super Bowl is because it gave us a chance to witness change and understand that in order to succeed, participation is needed from everyone on the team and not just one player. As great of a career as Peyton had statistically, his teams had only won one of the three previous Super Bowls that they competed in and that was because Peyton tried to do it by himself.

In order for our organization to be successful we need participation from all of our chapters and members. We need our well-seasoned and experienced veterans to begin the process of handing over the reins to our future generation of leaders. The process of change is difficult but I think if our organization and profession is going to succeed we need to get all generations involved and be an organization that says yes to new and creative ideas. Which of our Millennial members wants to step up to the big the stage and be the leaders of this great organization? The Peyton Mannings of our organization can only take us so far. We need the new superstars to take us to the next level.

The Annual Assembly registration will be open soon. The Annual Assembly presents a great opportunity to get involved and network. It is not just about the great educational programs that are offered but there are great parties and networking opportunities.

Joseph Pinto
President Elect, NYSCHP

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LIU Pharmacy School of Pharmacy Spotlight

The Long Island University (LIU) Student Society of Health-System Pharmacists chapter has been very active the past several months between both the faculty and the students. As the semester began, many new students looking to get involved chose to join our chapter thanks to the strong recruiting efforts of our current membership.

In the interest of students prepare for post-graduate education and movement into the clinical field, we've held several different programs on campus. Dr. Troy Kish conducted a Dean's Hour presentation to an audience of third, fourth, and fifth year students on the topic of "A Day in the Life of a Clinical Pharmacist" to help promote interest in advanced training early in their educational career. The university also hosted the NYSCHP Downstate Student program this fall titled "Staying a Step Ahead of Your Competition" which was aimed at students at any level to help them build a CV and prepare for job or residency applications. Additionally, there have been workshops conducted by Drs. Elaine Wong and Troy Kish for students in their final year of school which focused on the preparing for the Midyear meeting, the residency match process, CV writing and interview skills, and presentation skills which were all very well attended and received.

Speaking of the ASHP Midyear meeting, our chapter was well represented on the national level with several student posters being presented throughout the duration of the meeting and LIU students Yae-ji Kim and Shujaat Bhatti placing in the Top 10 in the national clinical skills competition. On a more local level, students from LIU have had the ability to participate in delivering a clinical pearl at a chapter CE meeting. Pharm.D. candidate Sharmin Amjad gave an informative presentation on the Role of Zerbaxa in Complicated Urinary Tract Infections to a large audience of hospital pharmacists and administrators.

While the past few months have been very busy we are certain that the remaining weeks of this academic year will be no different as we prepare to improve our methods and begin the cycle all over again.

Troy Kish, Pharm.D., BCPS
LIU Pharmacy



Long Island Chapter (LISHP) Spotlight

This past year has been full of excitement for the Long Island chapter! We have undertaken many initiatives to both increase membership and see more active participation from our existing members.

We recently revamped our chapter website, which can be found at <http://lishp.org/>. It has a brand-new look with updated blog posts and current event announcements. Check it out!

Expansion initiatives included visiting local hospitals that historically have had a low LISHP presence and meeting potential members. The face-to-face interaction helped boost chapter membership by adding over one hundred new members! We look forward to reaching out to even more hospitals on Long Island over the next year, as our goal is to become the largest chapter in the state. We are on our way!

We have also seen increased attendance at our monthly chapter events. Some lectures have even come close to double our usual attendance! Members are excited to come and possibly win some of the prizes we've raffled off. Thanks to this participation surge, we have also had a higher demand for pharmaceutical representatives looking to purchase booths. We maintain our financial security with positive cash flow.

The Long Island chapter sponsored two Resident networking events. Both have been successful, with high turnout for the lecture and "meet and greet." We received positive feedback after each event, with residents enthusiastically awaiting our next dinner.

The growing heroin epidemic on Long Island has been a hot topic in the news and in local hospitals. To address this, we had a physician come to our January meeting and certify all members in attendance in Narcan administration, and everyone went home with their own Narcan rescue kits. It was a grave reminder that our community duties extend beyond the pharmacy.

At our upcoming February meeting, we will sponsor a "Be the Match" bone marrow donor drive. All those who register will be swabbed and entered into the national donor registry. Trained volunteers from the largest stem cell transplant center on Long Island will be available to answer questions and collect donor information. We hope to sign up all attendees and possibly save a life!

In March, our Long Island residents will present their Midyear posters. It is a great opportunity for residents to show off what they have been working so hard on.

LISHP and the Stony Brook School of Nursing are currently collaborating on a day-long continuing education event for both pharmacists and nurses which will take place in April. This is always a popular day that fosters communication and learning between frontline nursing staff and pharmacists. Check our website for more information as the date nears!

Caeser Alaienia
President, LISHP

Long Island Chapter (LISHP) Spotlight

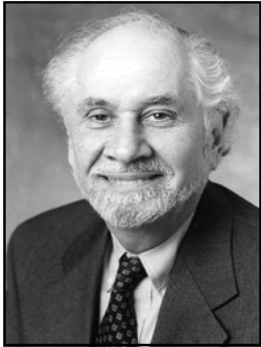


Jan Keltz Memorial Winter Program

The **NYSCHP Jan Keltz Memorial Winter Program** took place over Martin Luther King weekend (Jan 16-18, 2016) and a group of approximately 35 members attended the morning and evening CE events and exhibit sessions. This was the 17th year of the event, which began in 2000 when it was spearheaded by Frank Sosnowski, Darren Culshaw and Anthony Longo. There were 7.5 hours of CE over the 2 ½ days, and for the first time at this event, pharmacy residents from six institutions presented short Clinical Pearls on topics including critical care, infectious disease and anticoagulants. The Research and Education Foundation provided a grant to help sponsor these presentations. Other presenters at the meeting discussed medical marijuana, immunologic agents, antibiotic dose optimization, direct to consumer advertising, and new drugs approved in 2015. There were twelve exhibitors who were able to meet and mingle with attendees at sessions held both Saturday and Sunday evenings. A jewelry raffle was held during the exhibit sessions which raised \$300 to benefit the Lamp for Haiti, a community health care services organization. Meeting participants took advantage of the “off times” during the weekend to ski Whiteface Mountain, visit the Olympic Museum or ski jump or bobsled venues, take horse-drawn sleigh rides, visit the many shops in town, or ice-skate on the Olympic oval. Overall, it was an enjoyable and educational weekend and the only downside is that more NYSCHP members don’t take advantage of this wonderful long-weekend event. We hope to see you there next year – we will be marking the date on our calendars, Jan 13-16, 2017, and we hope that you are too!



Bernard Mehl Leadership Award



Established in 2015 to honor the distinguished leadership and professional achievements of Dr. Bernard Mehl. The Bernard Mehl Leadership Award is granted by the New York State Council of Health-system Pharmacists Research and Education Foundation (NYSCHP REF) to an individual of high moral character, good citizenship and elevated professional ideology. The recipient of the award will have consistently demonstrated high caliber contributions in leading and advancing health-system pharmacy practice and fostering interdisciplinary collaboration to advance the appropriate, safe and cost effective utilization of medication and pharmacy human resources.

This award will be presented at the NYSCHP Annual Assembly. The Bernard Mehl Leadership Award selection committee will be appointed by the NYSCHP REF to develop award criteria and to establish the process of evaluating nominations received from the local NYSCHP chapters and membership. The recipient of the award will be asked to present a lecture to the attendees of the NYSCHP Annual Assembly and publish the lecture in the NYSCHP Journal.

The NYSCHP and the NYSCHP REF are excited to announce this new award. Like “the ASHP Whitney” or “the ASHP Webb”, we anticipate that the “Mehl” award will become one of the highest accolades and tributes health-system pharmacy can bestow to recognize individuals who are worthy of this honor.

The NYSCHP REF is now accepting memorial contributions to The Bernard Mehl Leadership Fund. Contributions in memory of Dr. Mehl or others who you would like to memorialize can be made by check or through the NYSCHP REF PayPal account.

Please use the link “Contribute to the REF” on the NYSCHP REF homepage (www.nyschpref.org) to go to the NYSCHP REF PayPal site to make a contribution. Please enter “The Bernard Mehl Leadership Fund” and any other instructions in the “Add special Instructions to the seller” section of the donation.

If you prefer to contribute by check, checks should be made out to the NYSCHP Research and Education Foundation with “The Bernard Mehl Leadership Fund” and any other instructions on the memo line, and mailed directly to the REF Treasurer: BRUCE PLESKOW, 223 Robinhill Drive, Williamsville, NY 14221

The NYSCHP REF is designated as a tax-exempt organization under 501(c)(3) of the Internal Revenue Code. The REF’s EIN is 11-2779309



Did you know...

... About NYSCHP Best Practices?

Is your pharmacy department a center of excellence?

Do you practice innovative pharmacy?

Have you instituted a new protocol that improved the delivery of pharmaceutical care to your patients?

Or, have you developed a system that decreased medication misadventures?

NYSCHP invites you to share your pharmacy practice experiences [HERE](#) in our monthly news brief under “Best Practices” section. By sharing your experiences with others, you can help elevate the profession of pharmacy. By replicating your successes, we can improve the quality of services our pharmacists provide.

Some examples of best practices include:

- Medication reconciliation process for transitions of care
- Use of barcode technology to decrease medication error
- Standardized drip rates for intravenous medications
- Interdisciplinary practices to improve outcomes

Guidelines for submitting best practices:

1. Include introduction/description, purpose, experience, and discussion portion
2. Graph, diagrams, and tables (if applicable)
3. Limit your write up to 500 words

Submission is open to all NYSCHP members. This is an opportunity to publish and publicize your good work.

Please email your best practice write up to the Director of Communications
Catherine.millares-sipin@touro.edu



Did you know...

... About NYSCHP Social Media accounts?

Stay connected!

Be in the know!

NYSCHP members can now connect with NYSCHP through Facebook, Twitter, and LinkedIn. NYSCHP is continually working on improving the way we communicate and disseminate information to you, our members, so that you gain all the benefits of your membership. Take advantage of connecting with us through these social media accounts, and never miss out on all the wonderful educational, networking, and FUN activities NYSCHP offers.

Come join the hundreds of members who have already “Liked”, “Followed”, and “Connected” with us.

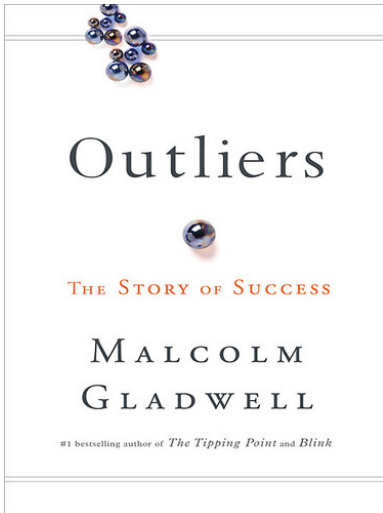


NYSCHP Book Club

“Outliers: The Story of Success” by Malcolm Gladwell

A Review

By Catherine A. Millares-Sipin



This easy to read book was both eye opening and entertaining. As I read through the tales of successful individuals, and as the author tells of stories and theories on what makes someone successful, I found myself often agreeing with him and nodding along saying to myself “That makes so much sense.”

The “Outliers: The Story of Success” is a thought provoking novel that seeks to find the answer to the old time question of “What makes someone successful?” Can success be predicted based on one’s IQ, hard work and perseverance, cultural background, physical traits (for athletes), or is it merely luck or chance alone? Author Gladwell takes you to a journey to try to demystify and provide logical, and often very convincing, explanation on how someone was destined to be successful. He used iconic individuals such as Silicon Valley tycoons Bill Gates and Bill Joy, and rock star legends like the Beatles as examples, reviewing their humble beginnings and how they rise to the top. He also spoke of stories

describing how cultural background, emotional intelligence, and hours of practice (100,000 hours to be exact), are all factors to one’s success, and how someone with a high IQ can still fail without the element of emotional intelligence.

Gladwell’s elaborate explanation on how cultural background and environmental factors affect one’s success were equally fascinating. His logic behind how Asians are exceptional in math, how New York City public schools were once a breeding ground for successful lawyers, and how plane crashes can be explained by cultural background, language, and timing, all made rational sense. He ended the book by telling a story about his own journey to success. Through these stories, his theories on what makes one successful became so convincing because of how easily they explained things.

In summary, success appears to be a sum of many factors. Not a very ground breaking idea, you might say. However, the journey to success from the stories that Gladwell told in this book is what makes it such an interesting read. I highly recommend it, not so much for the education or fact finding factor, but for the entertainment value. Who knows, you may find yourself nodding along like I did while reading this novel.

Happy reading!



Save the Dates

2016 NYSCHP Pharmacotherapy Symposium Antimicrobial Stewardship Across the Healthcare Spectrum

(Antimicrobial Stewardship: Practice in the Hospital – ED – LTC and Transitions of Care; National Action Plan for Combating Antibiotic-Resistant Bacteria)

5 Live Contact Hours



Sunday, March 6, 2016

8:30 am – 2:00 pm

Mount Sinai Beth Israel
Podell Auditorium New York, NY 10003

Registration

Please visit our website, www.nyschp.org

Time is Running Out! Take advantage of our early bird special rates!

	Early Bird	After 2/20
NYSCHP Pharmacist	\$125	\$175
Pharmacist Non-Member	\$160	\$210
NYSCHP Resident	\$60	\$110
NYSCHP Student Member	\$35	\$85

New York State Council of Health-system Pharmacists is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. On line evaluation is provided through surveys after the program. Attendance is verified through the use of a CE Code.

Save the Dates

55th Annual Assembly

PUTTING OUR MISSION INTO *MOTION*

April 28 - May 1

The Saratoga Hilton
Saratoga Springs, NY



Join us for a weekend of Networking, Continuing Education, Residency Conference, Exhibits, and a fun filled themed party.

HIGHLIGHTS!

- House of Delegate: Thursday, April 28th & Saturday, April 30th
- Residency Research & Practice Forum: Friday, April 29th
- Themed Party: Friday, April 29th
- Installation & Award Banquet: Saturday, April 30th

Register at www.nyschp.org

NYSCHP
210 Washington Avenue Ext.
Albany, NY 12203
(518) 456-8819



NYSCHP and Local Chapter Upcoming Events

February

- February 24th: Western CE Event

March

- March 3rd: NYC Board Meeting
- March 10th: NYC Networking Event
- March 16th: Rochester Cardiology 2 hour CE Program
- March 17th: NYC CE Event
- March 19th: Rochester Gala at Ridgemont Country Club
- March 31st: NYC Chapter Resident Collaboration Committee Team Building Activity

April

- April 7th: NYC Board Meeting
- April 13th: NYC Networking Event
- April 20th: Rochester Happy Hour Networking/Social Event
- April 28-30th: NYSCHP House of Delegate, Saratoga Springs
- April 29-May 1st: NYSCHP Annual Assembly, Saratoga Springs

May

- May 21st: Rochester CE Program

House of Delegates Important Dates

February 29, 2016	BOD House reports due
March 7, 2016	2nd House mailing (reach delegates by March 23)
April 7, 2016 12 Noon	Open Hearing CC
April 21, 2016 12 Noon	Resolutions Committee CC
April 28, 2016 1-1:45 PM	Open Hearing
April 28, 2016 2 PM	House of Delegates, 1st Session
April 30, 2016 2:00 PM	House of Delegates, 2nd Session