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# New York State Council Health-system Pharmacists



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# **President's Message**

Dear NYSCHP Members,

I am excited to have taken over the reins from Liz Shlom and be at the helm of this great organization! I look forward to meeting many of you as I visit the various chapters this coming year.

We had a very successful Annual Assembly this year. The attendance at all events was outstanding and our exhibitor registration was up too! We have received very positive feedback on all aspects of the program. I hope everyone can join us for next year's program in Saratoga Springs!

This past month we have ramped up our efforts to reach out to New York state legislators to approve the CDTM bill (A.5805/S.4857). I implore <u>all of</u> <u>you</u> to call your Assembly members and Senators and encourage them to support this incredibly important and valuable legislation. Your voice needs to be heard!

We also have been busy in planning the programs for this fall. The upstate (September 19) and downstate (October 2) Critical Care meetings will be taking place around the time of the first offering of the Critical Care board certification exam. The Tri-State meeting will take place on September 18<sup>th</sup> in conjunction with the NJ and CT health-system associations and will also host a residency showcase. We have also expanded the student programs to three different locations around the state this year to allow for more students to be able to attend.

Stay tuned for more exciting programs coming your way soon!

Stephanie Seyse, Pharm.D, BCPS, FASHP, CACP President, NYSCHP

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### **Northeastern Chapter Spotlight**

The NE-NYSCHP is continuing to provide its members with continuing education programs. In the Fall, we had John Faragon, PharmD, BCPS, AAHIVP, from Albany Medical Center, provide a program on HIV and HCV Update in conjunction with the NY and NY AIDS Education and Training Centers. In November, we worked with Millennium Health to provide a continuing education program on Pain Management Pharmacogenomics presented by Jeffrey Fudin, PharmD, FCCP. In January, we had two PGY1 residents, Jessa Brenon and Pritpal Singh, from St. Peter's Hospital, provide a two hour CE for pharmacists and pharmacy technicians on disease-modifying multiple sclerosis drug therapies and treatment modalities for recurrent *clostridium difficile* infection for our members. In March we had another two hour CE for pharmacists and pharmacy technicians provided by PGY1 residents, Huy Nguyen and Jacob Patterson, from St. Peter's Hospital on the review of oral agents for type 2 Diabetes and agitation and delirium in the ICU. Our final CE for our season was held in May and it was an interactive pharmacy jeopardy on high alert medications and at risk patient groups presented by NE-NYSCHP officers. We will conclude in June with a member appreciation night and officer installation.

At this year's NYSCHP Annual Assembly, the Northeastern Chapter had three posters presented. The topics included descriptive posters on a pharmacy falls prevention pilot, a pain stewardship program, and a medication reconciliation technician program. Congratulations to Amanda Engle and Jennifer Hebner for their poster acceptances at the NYSCHP Annual Assembly. In addition, our members provided service at the NYSCHP House of Delegates. As the year comes to a close, the officers are planning for future CE programming and initiatives to recruit new members during the summer hiatus.

Jennifer Hebner President, Northeastern Chapter

#### **First Annual Residency Research & Practice Forum**

NYSCHP hosted the First Annual Residency Research and Practice Forum during the Annual Assembly in April. The program allowed residents to present the results of their research in a platform presentation as well as the opportunity to network with colleagues and leaders in the profession. Forty-eight residents representing 15 residency programs from across the state participated!

Kathy Schultz, ASHP Past President, provided a leadership discussion for the residency program as well as giving the keynote address for the Annual Assembly. There was also a preceptor development program provided by Dr. Henry Cohen: "Publication Scholarship: How to become an effective manuscript reviewer." A preceptor town hall was held on Saturday afternoon where numerous topics were discussed and a lot of feedback was received which will help in planning next year's activities.

All participants were also registered for the Annual Assembly and attended numerous CE programs, the theme dinner and the Installation & Awards Banquet. Awards were given to the top three presenters at the banquet: Vittoria Ledesma, Maria Sorbera and Bryan White. Congratulations to the winners and all who participated in this very enriching and rewarding event!

We look forward to seeing even more participants at next year's program!

Stephanie Seyse, Pharm.D, BCPS, FASHP, CACP President, NYSCHP

### **Legislative Update**

The time to act is now. Collaborative Drug Therapy Management (CDTM) legislation is at a critical cross road in New York State. It's our responsibility as pharmacists and health care providers to use our voices to let legislators know how CDTM is important for our profession and our patients.

In 2011, Governor Andrew Cuomo signed into law a bill authorizing pharmacists to engage in Collaborative Drug Therapy Management (CDTM) within New York's teaching hospitals and affiliated clinics (AKA Article 28 facilities). This law is scheduled to expire in 2015. Instead of simply renewing the existing legislation, we are seeking to expand it in a few key ways. First, we hope to expand the practice beyond Article 28 facilities so that pharmacists in nursing homes and community settings can participate. This will allow community pharmacists to practice at the top of their license in order to improve patient outcomes and keep patients out of hospitals. Thus, ability to practice CDTM is based on the qualifications of the pharmacist over the location of the practice. Additionally, the proposed legislation makes provisions permanent.

Why is CDTM important for New York State? A CDTM demonstration project showed improved patient outcomes over six disease states, 11 sites throughout New York State, and 1200 patients. For example, there was a 7-15% decrease in HbA1c among enrolled patients, 95% beta-blocker prescription rate in patients with heart failure, and improved efficacy in HIV patients (among other things!). Clearly, not only is it good for patients in NY State, but also for our profession. We are all painfully aware that 47 other states in the US have more progressive CDTM compared our NY State. And we are losing students and residents to other states so that they can practice pharmacotherapy as they have been trained to do.

What can you do? Call your legislators and let them know that you support "Collaborative Drug Therapy Management (CDTM) A.5805 McDonald / S.4857 LaValle." Leave a little blurb that you are a constituent and this legislation is important to you as a health care provider. Write letters! Send a letter or e-letter to legislators - a sample letter is on the NYSCHP website. And best yet – visit your legislator and tell them personally how important this legislation is to you.

Don't forget that change will require all of our efforts. If you act locally, we can create change globally. Best of luck, everyone!

Useful links:

- NYSCHP documents (including sample letters): http://www.nyschp.org/?page=52
- Find your Assembly Member: http://assembly.state.ny.us/
- Find your Senator: http://www.nysenate.gov/senators

Monica Mehta, Pharm.D. Vice President, Public Policy



# NYCSHP 54<sup>m</sup> Annual Assembly: Sagamore, NY

The 2015 Annual Assembly Definitely "Took It To The Top"! From a sold out hotel and new faces in the Exhibitor Hall to a Standing Room Only Softball game, the year's meeting surpassed expectations. Attendees were able to network with their colleagues from health-systems, academia and industry, attend great CE programming, participate in the House of Delegates, and enjoy the atmosphere of the beautiful Sagamore Resort.

This year the Annual Assembly was also the site for the inaugural NYSCHP Residency Program. Residents from across the state presented their research projects and stayed to attend the other meeting events. The quality and caliber of the projects were outstanding and it was wonderful to spend time with our next generation of pharmacy leaders.

Dr. Kathryn Schultz, ASHP Past President, was present to install our new Chapter Presidents, Board of Directors and Council President Stephanie Seyse. Dr. Schultz was also our keynote speaker and her inspiring address reminded us that leadership happens in small ways every day, one person at a time. The people and experiences of the Annual Assembly allowed us to "fill our bucket" personally and professionally and we look forward to seeing everyone next year in Saratoga!

Leigh Briscoe-Dwyer

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#### **NYSCHP and Local Chapter Upcoming Events**

#### 2015

- June 2 Central Chapter: Residency Showcase
- June 10 Long Island Chapter: HIV Update
- June 16 Royal Counties Chapter: Jeopardy
- June 16 Western Chapter: Rx Diversion
- June 17 Rochester Chapter: 2 Hour CE Event
- June 19 10<sup>th</sup> Annual NYC Regional Pharmacy Residency Conference (Royals, NYC, LISHSP)
- June 24 Westchester Chapter: Treatment and Hypertension
- June 25 NYC Chapter: Annual Installation Dinner
- September 18 Tri-State Summit
- September 19 Upstate Critical Care Program
- October 2 Downstate Critical Care Program

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