

**September 2015**

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# **New York State Council Health-system Pharmacists**



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## **President's Message**

Dear NYSCHP Members,

How great is this time of year; the weather is cooling down, the leaves are beginning to change, the Mets clinched the NL East, the Yankees are fighting for a play-off spot, the J E T S, Jets Jets Jets are 2-1, the Bills are 2-1, the NY Football Giants are 1-2 (sorry Giant's fans), and the Rangers, Islanders, and Sabres are on the ice.

I am happy to report as many of you probably already know that Governor Cuomo signed the expanded CDTM bill which removes some of the previous restrictions and allows for all hospitals who have qualified pharmacists to have practice agreements. CDTM has been an uphill battle and our organization has fought hard to get it passed; efforts by Kim Zammit and Leigh Briscoe –Dwyer just to name a couple have been tireless. The bill is still not where or what we want it to be and that's why we need you our members and your colleagues who unfortunately are not our members to continue to push for full expansion of CDTM. We cannot solely rely on the few who have taken ownership of this quest, remember this is your profession and your professional organization; get involved and become an owner and help transform our profession.

For those that have collaborative agreements and have been leading the way, please share your successes with colleagues. We can no longer continue to practice in silos; if we truly want to have an impact on patient care and show legislators and other stakeholders how we can have an effect on outcomes through CDTM then we must collaborate and support each other through the maturation process of CDTM in New York State.

Let us be one voice speaking the same message leading the way in changing the Pharmacy profession and how we practice in New York State.

We look forward to hearing about your National Hospital and Health-System Pharmacy week activities for the next edition of the NYSCHP News Brief.

*Joseph Pinto*  
President Elect, NYSCHP

## New York City Chapter Spotlight



Greetings from New York City! Members of our New York City chapter are energetic, full of new ideas and welcoming! The city chapter has lots of fun activities throughout the year. Networking events in addition to our continuing education programs have become an essential component of our monthly events. Through networking, we are able to enlist new pharmacist and student members to get more involved. This year, one of our goals is to expand our networking or social events and collaborate with our neighboring chapters (Royal Counties, Westchester chapter and Long Island). The city chapter has 3-4 networking/continuing education dinner programs every month to ensure all members get to participate.



Combined Networking Program  
of New York City and Royal  
Chapters in Little Italy, NY

In September, we had our first combined networking dinner program of New York City and Royal Counties chapters on the topic of atherothrombosis in Little Italy, Manhattan. The program was very well attended and greatly received by members from both chapters. This is one of the ways where we create opportunity to bring members from different chapters together to network and build friendship with each other. What a great turnout!

In addition to the networking dinner program, Director-at-Large Zane Last organized our very first hiking trip at Breakneck Ridge with spectacular views over the Hudson River. We extended the invitation of the hiking trip to other chapters as well. Twenty-five chapter members and friends from New York City, Royal Counties, and Long Island joined the hike. Did I mention that the New York City chapter flag football team led by Captain Karen Berger also started practice on a weekly basis for the fall season? What a great way to network and interact with each other outside of the traditional professional meetings!



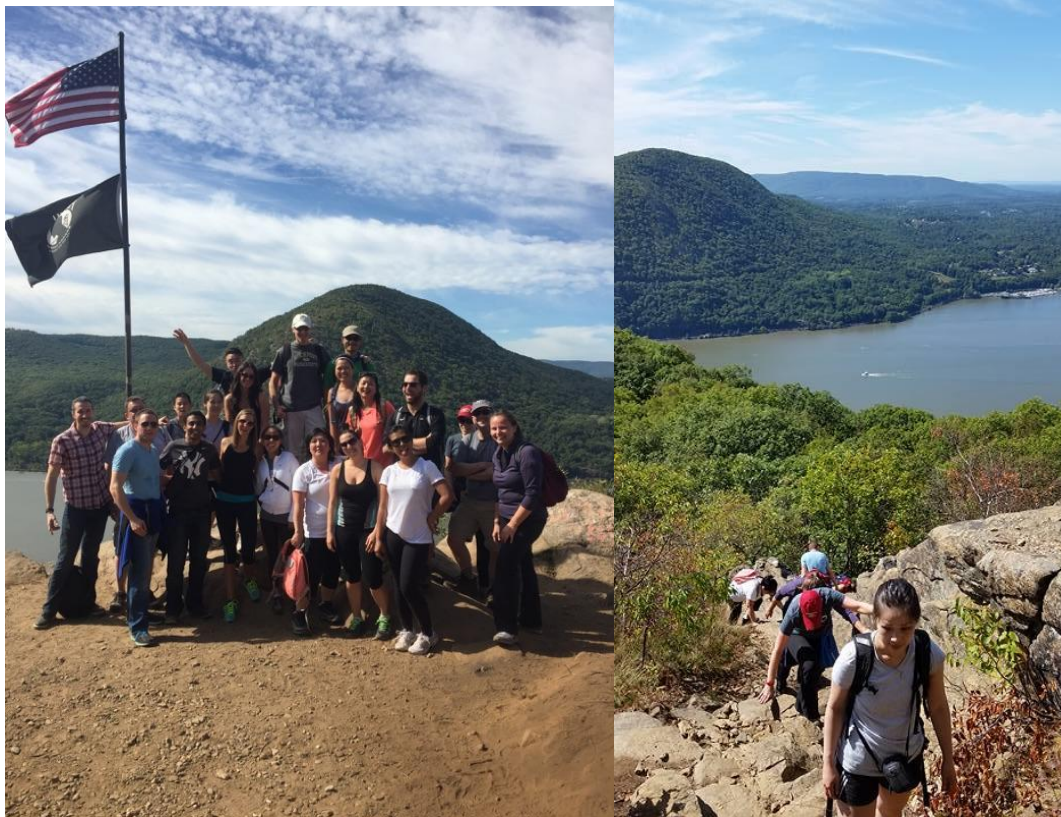
Furthermore, our September Annual Industry Relations Dinner Program was a great success! A total of 14 companies participated in the exhibit and 100 members/vendors joined us at Riverview Terrace at the New York Presbyterian Hospital to show our great appreciation to the partnership with Industry and for their continuous support throughout the year.

The city chapter is also looking forward to several upcoming events in October: 2 networking dinner programs, 2 continuing education dinner programs, New York Care Day volunteer, and celebrating pharmacy week at the Today Show. In November, New York City and Westchester Chapters will have a combined 2-hour continuing education dinner program at Montefiore Medical Center. So stay tuned for our next collaborative effort with different chapters!

Yi Guo, PharmD  
President, New York City Chapter



Members, Friends and Family from Different Chapters Joined Our First Hiking Trip at Breakneck Ridge Trail, Cold Spring, NY







September Board of Directors Meeting at Mount Sinai Roosevelt Hospital. More than 50 Members and Nonmembers Attended the Board Meeting

Brunch after Adopt-A-Highway Beautification



Off Campus Networking after August BOD Meeting at Hudson Common



New York City Chapter Flag Football Team, Roosevelt Island, NY



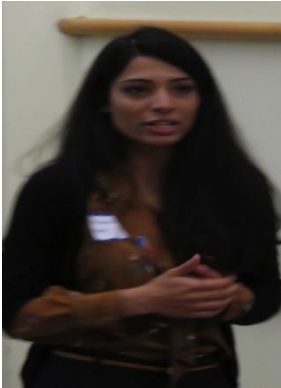
New York City Chapter at AIDS Walk in May



Ready for Our First NYC vs. Royals Football Scrimmage at Central Park? Go team NYC!



## Student Downstate Program Long Island University



The pharmacy job market is not what it used to be decades ago. There is an exponential increase in the number of students graduating and applicants for post-graduate residency programs. It is essential, now more than ever, to be prepared for the fierce competition. This program provided students with the tools needed to pursue a PGY-1 residency and allowed students to network, learn, and grow. The program's highlights included: INTERVIEWING SKILLS, CV & LETTER OF INTENT WRITING, PRESENTATION SKILLS, PURPOSE OF PHARMACY RESIDENCY, & NAVIGATING THE MIDYEAR CLINICAL MEETING



Mary Choy, PharmD, CGP, educated the students on proper interviewing techniques. The students gained great tips on practicing good interview etiquette (before, during and after the interview). Additionally, students learned about managing different styles of interviews and were given the opportunity to practice questions with current residents, faculty and program directors. Students formed smaller groups, allowing them to learn not only from their mentor, but also from each other. By answering common interview questions in such a setting, students learned about their strengths and were given constructive feedback on areas where they can improve. Regardless of who the interviewer is, it is essential to remember to relax, focus and articulate.

Adam Pennoyer, PharmD, PGY-2 at NewYork-Presbyterian Hospital, guided the students in utilizing their time and resources efficiently in order to gain maximum advantage at the Midyear Clinical Meeting. The students received tools to get a jump-start on planning the trip to New Orleans, LA, during the first week of December. Some of his tips included: start researching programs now, organize meetings and interviews accordingly, network, & most importantly – look and perform your best!

Khusbu Patel, PharmD, BCACP, CGP, presented on the dos and don'ts of curriculum vitae (CV) and letter of intent writing. Some of her tips included: there is no 'right way' to structure a CV, however, it is important to incorporate the following 5 C's for CV writing: Clear, Concise, Complete, Consistent and Current be specific about each program you are applying to have a positive tone for your letter of intent. Similarly to the interviewing skills workshop, students formed into smaller groups and received one-on-one detailed feedback on their CV and letter of intent.



## Student Downstate Program Long Island University (continued)

Practice, Practice, Practice! Troy Kish, PharmD, BCPS, informed the students on enhancing their presentation skills. Some key points included: know your audience, create proper and neat slides, dress/speak well, & be aware of your time frame. When students are asked to present, they are informing the audience of the topic while incorporating their personality and professionalism in the presentation.

Sara Hammad, PharmD, PGY-2 at NewYork-Presbyterian Hospital, provided us with the advantages of completing a pharmacy residency. Students gained insight on the purpose of a pharmacy residency, the application process and the “match” process. There are over 800 pharmacy residency programs across the United States and the opportunities are endless.

Lastly, PGY-1 & PGY-2 residents from The Brooklyn Hospital Center, Kingsbrook Jewish Medical Center, Montefiore Medical Center, and New York-Presbyterian Hospital gathered to answer any questions the students had and share additional advice. Learning about the residents’ enthusiasm, ambition and drive truly inspired the students to continue working hard and pursue a path towards pharmacy residency.

*Sharmin Amjad*  
*Pharm.D. Student*



## Tri-State Health-System Pharmacy Summit Tarry Town, New York

The 2015 Tri-state Health-system Pharmacy Summit was held on Friday, September 18 at the Doubletree hotel in Tarrytown. This unique continuing education and networking program was sponsored by the Connecticut Society of Health-System Pharmacists, the New Jersey Society of Health-System Pharmacists and the New York State Council of Health-system Pharmacists.

Approximately 160 pharmacists, pharmacy residents and students attended education sessions on stewardship programs, transitions of care and advanced technician roles. The lunch break featured a vendor exhibits and a residency program showcase.

The Council would like to thank all of the attendees, speakers and sponsors who made this year's summit such a success. For information on upcoming educational events, go to the Council's web page at [www.nyschp.org](http://www.nyschp.org) and click on the calendar of events

Shaun Flynn  
Executive Director, NYSCHP



# Did you know?

Did you know that the NYSCHP has a listserv for Residency and Pharmacy Directors? The NYSCHP listservs are intended to promote education and networking. They are meant to assist NYSCHP members meet the evolving needs of its members, and to help fulfill a growing need for providing targeted services to groups of members with similar interests. When you submit a question through the listserv, your question will be sent to all subscribed members, allowing them to respond, and ultimately helping you cut down on research time. Questions received through this method focused on drug shortages, hospital policies, drug information question, etc. These listservs are a great resource and are FREE. So take advantage!

## To subscribe:

Please contact the Director of Communications for NYSCHP. His or her email address can be found on the NYSCHP website at [www.nyschp.org](http://www.nyschp.org).

## To submit questions:

- A. Residency Directors, simply address your email to [nyschp.rpd@freelists.org](mailto:nyschp.rpd@freelists.org).
- B. Directors of Pharmacy, simply address your email to [nyschp.dop@freelists.org](mailto:nyschp.dop@freelists.org).

## To check archives:

- a. Residency Directors: <http://www.freelists.org/list/nyschp.rpd>
- b. Directors of Pharmacy: <http://www.freelists.org/list/nyschp.dop>

## Rules and Etiquette when posting:

1. Include a signature on all messages. The signature should include your name, affiliation, phone number and location.
2. When you receive a message directed to the list, selecting the “Reply” button will send an email to the entire list serve. To send a reply to only the original author, you must type in the individuals email address separately.
3. If you receive an unwanted message from a list member who doesn’t observe the rules above, please do not respond to the list. Instead, ignore the message or, if you feel the need to respond to the sender, make certain you reply only to the sender.
4. Job postings or career opportunities must be placed through our Career Center and **not** the list serves. Please refer to [www.nyschp.org](http://www.nyschp.org) for further information.
5. Everyone needs to be aware of and follow the rules and regulations imposed by your employer with regard to any and all postings on through the list serve.

Catherine A. Millares-Sipin  
Director of Communications, NYSCHP



## NYSCHP and Local Chapter Upcoming

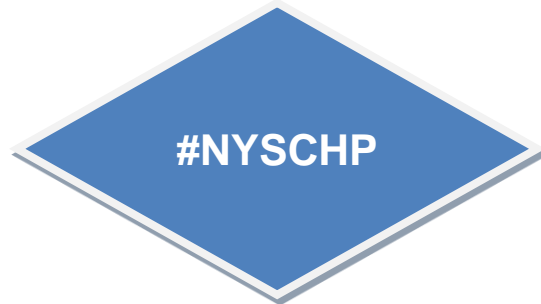


2015

- September 22 – NYC and Royal Networking Event
- October 2 – Downstate Critical Care Program
- October 21 – Rochester Happy Hour Networking/Social event
- October 22 – NYC CE Event
- November 14 – Rochester 3 hour Saturday CE program



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